

## TAKE ACTION!

It's in Your Hands to Take Action Now!

Link for poll question:  
[pollev.com/julieburchett013](https://pollev.com/julieburchett013)

Link to this Action list with full  
details and links:  
[WGPC.org](https://www.wgpc.org)

1. Call your federal elected representatives and your state elected official and tell them to take bold action NOW to stop gun violence in our country. Tell them to ban assault weapons and sale of huge magazines of ammunition. Tell them you are for sensible bipartisan school and gun safety legislation. Tell them you support universal background checks. Find out who your representatives are here.  
[https://openstates.org/find\\_your\\_legislator/?lat=38.60255031497345&lon=-90.33794246799908&address=&state=](https://openstates.org/find_your_legislator/?lat=38.60255031497345&lon=-90.33794246799908&address=&state=) Reach your U.S. representatives in the House and the Senate by calling the U.S. Capitol at 202-224-3121. Call often to express your thoughts. Leaving a message or talking to a staffer works, if your representative is to available! These offices have to keep count of constituents' views. One call takes just a couple of minutes!
2. Learn about gun violence in our country and to find ways to help stop it. Go to Everytown for Gun Safety <https://everytown.org>, Moms Demand Action <https://www.momsdemandaction.org>, the Brady Campaign <https://www.bradyunited.org/> or Sandy Hook Promise <https://www.sandyhookpromise.org/> where you can join, look up actions to take, donate, or find events to take part in.
3. Text SMART to 64433 to volunteer to do trainings for the BE SMART program which teaches parents how best to keep kids safe from guns in the home and encourage responsible gun ownership. If you don't want to volunteer, sign up to sponsor a BE SMART training for your school or church. Be SMART is part of Everytown.
4. Amnesty International suggests writing a Letter to the Editor in your local newspaper in support of gun violence prevention. Get friends to write letters every two months or so. Keep gun violence prevention in the minds of the community all year.
5. Share what you learn about gun violence and gun violence legislation on your social media feeds.
6. Learn the Warning Signs of Violence from Sandy Hook Promise (link above). Teach these signs to your children when age appropriate. Look out for your family, friends, and neighbors.
7. Learn the signs of possible suicide. Find them here <https://www.nimh.nih.gov/health/publications/warning-signs-of-suicide>. Add 988 to your phone contacts. This is the National Suicide Crisis Lifeline.
8. Advocate for specific Gun Sense Reform laws. Check out [https://actionfund.sandyhookpromise.org/?\\_ga=2.221712730.337251726.1685506299-1948530208.1683910570&\\_gac=1.39970326.1685506410.EAlalQobChMIgcWdk9ie\\_wlVQcjjBx1FLQ6VEAAYASABEgJg2\\_D\\_BwE](https://actionfund.sandyhookpromise.org/?_ga=2.221712730.337251726.1685506299-1948530208.1683910570&_gac=1.39970326.1685506410.EAlalQobChMIgcWdk9ie_wlVQcjjBx1FLQ6VEAAYASABEgJg2_D_BwE) for issues and how you can help change policy.

9. Are you a Gun Violence Survivor? Share your story on 'Moments That Survive' on the Moms Demand Action website (see above for link.)
10. Call your school principal or counselor to arrange for one or more of Sandy Hook's Programs for students to be presented at your child's or grandchild's school. You can also offer these programs to students through church or other youth groups (K-12). These programs teach students and adults to deal with gun violence safely. This begins with teaching Empathy. Check out the programs here.  
<https://www.sandyhookpromise.org/our-programs/program-overview>
11. Kids and Teens - Be a friend and stand up to bullies. Include and invite kids who seem lonely to join you, your friend group, your club, your after-school outings. Make everyone feel like they are worthy of being included - because they ARE! You can stop gun violence before it starts!
12. Teens - Start a student group or club at your school. Join Students Demand Action (youth component of Moms Demand Action) and start a Students Demand Action Club at your high school. Go here to learn how to get the Club started and even how to stage an appropriate student walkout.  
<https://studentsdemandaction.org/students-demand-action-high-school-organizing-toolkit/>. Sandy Hook Promise encourages teens to start SAVE Clubs (Students Against Violence Everywhere)  
<https://www.sandyhookpromise.org/our-programs/save-promise-club/>
13. Create Your Own Action!